



## Education Behavioral Health Community of Practice (CoP) Free Professional Development Guide

Program and Course Title	Description and Link	Target Audience	Time	CE/CPD Credits Offered?
<b>University of Maryland School of Medicine</b>  <b>“Community-Partnered School Behavioral Health Implementation Modules”</b>	The Community-Partnered School Behavioral Health Implementation Modules provide a range of strategies, resources, and tools necessary to establish, maintain, and expand effective student behavioral health programs. These modules focus specifically on supporting student social, emotional, behavioral, and academic progress via a community-partnered approach to school behavioral health.  <a href="https://mdbehavioralhealth.com/training">https://mdbehavioralhealth.com/training</a>	<ul style="list-style-type: none"> <li>✓ Student Support Services Staff</li> <li>✓ Educators</li> <li>✓ Evaluators</li> <li>✓ Administrators</li> <li>✓ Program Leaders</li> </ul>	<ul style="list-style-type: none"> <li>• Five online modules</li> <li>• Modules range from 30 minutes to approximately 2 hours each.</li> </ul>	Yes  Must view all sections and score at least an 80% on the Final Test to receive CE credits.
<b>University of Maryland School of Medicine</b>  <b>“Interprofessional Training Program for Military Connected Families”</b>	The Interprofessional Training Program for Military Connected Families modules are designed to help youth-serving staff to better understand the unique considerations, skills, and resources that can help to support the success of military connected families.  <a href="https://mdbehavioralhealth.com/training">https://mdbehavioralhealth.com/training</a>	<ul style="list-style-type: none"> <li>✓ Educators</li> <li>✓ Mental Health and Substance Use Providers</li> <li>✓ Health Care Providers</li> </ul>	<ul style="list-style-type: none"> <li>• Seven online modules</li> <li>• Modules range from approximately 20 to 60 minutes each.</li> </ul>	Yes  Must view all sections and score at least an 80% on the Final Test to receive CE credits.

<p><b>University of Maryland School of Medicine</b></p> <p><b>“Mental Health Training Intervention for Health Providers in Schools (MH-TIPS)”</b></p>	<p>The Mental Health Training Intervention for Health Providers in Schools (MH-TIPS) is a three module training series aimed at enhancing school health provider mental health competence in promoting student mental health and managing the needs of students with, or at risk for, emotional and behavioral difficulties that may interfere with their learning.</p> <p><a href="https://mdbbehavioralhealth.com/training">https://mdbbehavioralhealth.com/training</a></p>	<p>✓ School Nurses</p>	<ul style="list-style-type: none"> <li>• Three online modules</li> <li>• Modules range from approximately one to two hours each.</li> </ul>	<p>Yes</p> <p>Must view all sections and score at least an 80% on the Final Test to receive CE credits.</p>
<p><b>University of Maryland School of Medicine</b></p> <p><b>“Mental Health to Support Student Learning: Training Modules for Educators and School-Based Staff”</b></p>	<p>The Mental Health to Support Student Learning modules advance basic mental health proficiency for educators and other school-based professionals working with children and youth.</p> <p><a href="https://mdbbehavioralhealth.com/training">https://mdbbehavioralhealth.com/training</a></p>	<p>✓ Middle and High School Educators</p>	<ul style="list-style-type: none"> <li>• Seven online modules</li> <li>• Modules range from approximately 15 to 45 minutes each.</li> </ul>	<p>Approved for MSDE Continuing Professional Development Credit (CPD).</p>
<p><b>University of Maryland School of Medicine</b></p> <p><b>“Peer Recovery Specialists- An Interprofessional Training”</b></p>	<p>The Peer Recovery Specialists Training is designed to 1) provide an overview of the role and responsibilities of an individual who is interested in becoming a Peer Recovery Specialist, 2) inform professionals about the role and responsibilities and how to effectively partner with Peer Recovery Specialists, and 3) offer educational opportunities to support recertification for individuals already certified as Peer Recovery Specialists.</p> <p><a href="https://mdbbehavioralhealth.com/training">https://mdbbehavioralhealth.com/training</a></p>	<p>✓ Peer Recovery Specialists who want to become re-certified</p> <p>✓ Mental Health and Substance Use Providers</p> <p>✓ Community Providers</p> <p>✓ Program Administrators</p>	<ul style="list-style-type: none"> <li>• Eight online modules</li> <li>• Modules range from approximately one to two hours each.</li> </ul>	<p>Yes</p> <p>Must view all sections and score at least an 80% on the Final Test to receive CE credits.</p>

<p><b>University of Maryland School of Medicine</b></p> <p><b>“Supporting Hospital to School Transition”</b></p>	<p>The Supporting Hospital to School Transition modules present research and strategies on how to effectively support youth exiting psychiatric hospitalization.</p> <p><a href="https://mdbehavioralhealth.com/training">https://mdbehavioralhealth.com/training</a></p>	<ul style="list-style-type: none"> <li>✓ Student Support Service Providers</li> </ul>	<ul style="list-style-type: none"> <li>• Three online modules</li> <li>• Approximately one hour each.</li> </ul>	<p>Yes</p> <p>Must view all sections and score at least an 80% on the Final Test to receive CE credits.</p>
<p><b>University of Maryland School of Medicine</b></p> <p><b>“Supporting Social Emotional Wellness in Early Childhood”</b></p>	<p>This course is provided on behalf of the Maryland Behavioral Health Administration by the Center of Excellence for Infant and Early Childhood Mental Health. Expert faculty, providers, community partners, and family members provide a range of information and resources for promoting social emotional development in young children ages 0-5 and their families.</p> <p><a href="https://mdbehavioralhealth.com/training">https://mdbehavioralhealth.com/training</a></p>	<ul style="list-style-type: none"> <li>✓ Early Childhood Educators</li> <li>✓ Child Care Providers</li> <li>✓ Mental Health Providers</li> <li>✓ Community Based Providers</li> <li>✓ Administrators</li> </ul>	<ul style="list-style-type: none"> <li>• Five online modules</li> <li>• Modules range from approximately one to two hours each.</li> </ul>	<p>Yes</p> <p>Must view all sections and score at least an 80% on the Final Test to receive CE credits.</p>
<p><b>University of Maryland School of Medicine</b></p> <p><b>“The Maryland Early Intervention Program (EIP)”</b></p>	<p>The Maryland Early Intervention Program (EIP) modules cover the early identification and intervention for adolescents and young adults at risk for, or in the early stages of, a mental illness with psychosis.</p> <p><a href="https://mdbehavioralhealth.com/training">https://mdbehavioralhealth.com/training</a></p>	<ul style="list-style-type: none"> <li>✓ School-Based Staff</li> <li>✓ Health Care Providers</li> <li>✓ Mental Health Providers</li> <li>✓ Community Based Providers</li> <li>✓ Families</li> <li>✓ Advocates</li> </ul>	<ul style="list-style-type: none"> <li>• Twenty-four online modules</li> <li>• Length of modules varies</li> </ul>	<p>No CE or CPD credits are available for the modules in this course.</p>

<p><b>University of Maryland School of Medicine</b></p> <p><b>The Youth Co-Occurring Disorders (COD) Training for Behavioral Health Providers</b></p>	<p>The Youth Co-Occurring Disorders (COD) Training for Behavioral Health Providers seeks to disseminate information to the public and to mental health professionals on co-occurring mental health/substance abuse disorders and to train clinicians on how to support the behavioral health of youth and their families.</p> <p><a href="https://mdbehavioralhealth.com/training">https://mdbehavioralhealth.com/training</a></p>	<ul style="list-style-type: none"> <li>✓ Mental Health and Substance Use Providers</li> <li>✓ Community Based Providers</li> </ul>	<ul style="list-style-type: none"> <li>• Twenty-three online modules</li> <li>• Modules range from approximately 30 to 180 minutes.</li> </ul>	<p>Yes</p> <p>Must view all sections and score at least an 80% on the Final Test to receive CE credits.</p>
<p><b>University of Maryland School of Medicine</b></p> <p><b>“Youth Care Coordination”</b></p>	<p>The Youth Care Coordinator Training Series provides comprehensive knowledge and best practices in youth care coordination to care coordinators and behavioral health professionals. This training is designed to provide foundational knowledge related to youth and behavioral health, as well as training on core youth care coordination skills.</p> <p><a href="https://mdbehavioralhealth.com/training">https://mdbehavioralhealth.com/training</a></p>	<ul style="list-style-type: none"> <li>✓ Care Coordinators</li> <li>✓ Advocates</li> </ul>	<ul style="list-style-type: none"> <li>• Seventeen online modules</li> <li>• Modules range from approximately one to two hours.</li> </ul>	<p>Yes</p> <p>Must view all sections and score at least an 80% on the Final Test to receive CE credits.</p>
<p><b>Georgetown University Center for Early Childhood Mental Health</b></p>	<p>The Center for Early Childhood Mental Health gathers a wide range of materials that address the needs of high school staff and families providing effective ways to promote young childrens’ social and emotional development, and reduce challenging behaviors.</p> <p>The Center translates research in health and mental development into materials tailored to the needs of each of the target audiences and makes them available on their website.</p> <p><a href="http://www.ecmhc.org">http://www.ecmhc.org</a></p>	<ul style="list-style-type: none"> <li>✓ Child Care Staff</li> <li>✓ Families</li> </ul>	<ul style="list-style-type: none"> <li>• Ten online tutorials</li> <li>• Tutorials offer self-paced reading material but it is recommended that participants a lot 90 minutes to complete each tutorial.</li> </ul>	<p>No CE or CPD credits are available.</p>

<b>Military Child Education Coalition</b>	<p>The Military Child Education Coalition assists professionals in the fields of education, health care, and child care in learning the most up-to-date, research informed methods for supporting military-connected children and youth.</p> <p style="text-align: center;"><a href="https://www.militarychild.org">https://www.militarychild.org</a></p>	<ul style="list-style-type: none"> <li>✓ All School-Based Staff</li> <li>✓ Community Providers</li> <li>✓ Families</li> </ul>	<ul style="list-style-type: none"> <li>• Several free, in-person courses are offered each month. Registration can be completed on the website.</li> <li>• Online courses are offered at a cost of \$75/course.</li> </ul>	<p>CE credits are available upon completion of in-person and online training at a cost of \$25.00.</p>
<b>Kognito for Educators</b>	<p>Kognito is an innovative state-of the art, interactive avatar-based online suicide prevention and mental health training. These trainings help to build skills and motivation to identify, approach, and refer students exhibiting signs of suicidal ideation, substance use/abuse, and/or psychological distress to relevant support services on and off school campus. Free access to this training will end in December 2019.</p> <p style="text-align: center;"><a href="http://md.kognito.com">http://md.kognito.com</a></p>	<ul style="list-style-type: none"> <li>✓ All School-Based Staff</li> </ul>	<ul style="list-style-type: none"> <li>• Four online modules</li> <li>• Modules range from 45 to 60 minutes each.</li> </ul>	<p>CPD credits are not being awarded for completion of this course at this time.</p>
<b>Kognito Screening and Brief Intervention (SBI) Training</b>	<p>This training is designed for Maryland middle and high school nurses and counselors (and/or other designated support staff) to enhance their capacity to identify, support, and refer students with substance use concerns. Trainees will learn the skills of substance use screening, brief intervention, and referral to treatment in 3 engaging one-on-one simulations with a student. Free access to this training will end in December 2019.</p> <p style="text-align: center;"><a href="http://md.kognito.com">http://md.kognito.com</a></p>	<ul style="list-style-type: none"> <li>✓ School Nurses</li> <li>✓ Student Support Services Staff</li> </ul>	<ul style="list-style-type: none"> <li>• One online module</li> <li>• Module is approximately 1.5 hours in length.</li> </ul>	<p>CPD credits are not being awarded for completion of this course at this time.</p>

<b>Maryland Behavioral Health Integration in Pediatric Primary Care (BHIPP)'s Children's Health and Emotional Care Learning Community (CHECKup)</b>	<p>CHECKup is designed to create a learning experience that offers the latest information and tools, and also supports providers' efforts to implement best practices, in compliance with national standards. CHECKup can be used as a self-guided training. It contains content for primary care providers that would also be very useful for school nurses as well as early childhood mental health providers and educators.</p> <p><a href="http://www.mdbhipp.org/learning-community.html">http://www.mdbhipp.org/learning-community.html</a></p>	<ul style="list-style-type: none"> <li>✓ Health Care Providers</li> <li>✓ School Nurses</li> <li>✓ Early Childhood Mental Health Providers</li> <li>✓ Educators</li> </ul>	<p>Varies depending on topic and purpose</p>	<p>No CE or CPD credits are available.</p>
<b>Maryland Learning Links</b>	<p>Maryland Learning Links provides online resources for educators, providers, and families of children with disabilities birth to age 21. Topics include, but are not limited to: professional development modules, resources, blogs, communities of practice, universal design for learning, family engagement, evaluation/assessment, IEP/IFSP development and more.</p> <p><a href="http://marylandlearninglinks.org">http://marylandlearninglinks.org</a></p>	<ul style="list-style-type: none"> <li>✓ All School-Based Staff</li> <li>✓ Community Providers</li> <li>✓ Families</li> </ul>	<ul style="list-style-type: none"> <li>• Content is online based</li> <li>• Length of time required varies depending on topic area.</li> </ul>	<p>No CE or CPD credits are available.</p>
<b>University of Maryland School of Social Work, Institute for Innovation and Implementation</b>  <b>"Trauma Informed SEFEL"</b>	<p>Maryland Social Emotional Foundations for Early Learning (SEFEL) promotes health, social, and emotional development. When children have appropriate prosocial skills they perform better in school and in life. Skills include building empathy, listening, and following directions. There are three Infant and Toddler Modules and four Preschool Modules.</p> <p><a href="https://theinstitutecf.umaryland.edu/">https://theinstitutecf.umaryland.edu/</a></p>	<ul style="list-style-type: none"> <li>✓ Early Childhood Educators</li> <li>✓ Early Childhood Mental Health Providers</li> </ul>	<ul style="list-style-type: none"> <li>• 6 online modules</li> <li>• Modules are designed to take 6.5 hours total to complete.</li> </ul>	<p>CE credits available upon obtaining a 75% of better on the post assessment.</p>

<p><b>Mental Health First Aid (MHFA)</b></p> <p><b>Youth Mental Health First Aid (YMHFA)</b></p>	<p>Mental Health First Aid is a research supported and evidence-based national certification course designed to teach key skills to help someone who is developing or experiencing a mental health crisis. The MHFA course focuses on helping adults (18 and over), while the YMHFA course focuses on teaching adults to help adolescents (ages 12-17). Each course teaches participants a five-step action plan beginning with assessing for risk of suicide or harm, selecting and implementing interventions, and securing appropriate care for an individual. Free MHFA (child and adult) training under the MD AWARE Grant will end on September 30, 2019.</p> <p style="text-align: center;"> <a href="https://www.mentalhealthfirstaid.org">https://www.mentalhealthfirstaid.org</a>  <a href="https://mhfamaryland.org/">https://mhfamaryland.org/</a> </p>	<ul style="list-style-type: none"> <li>✓ All School-Based Staff</li> <li>✓ Mental Health and Substance Use Providers</li> <li>✓ Community Providers</li> <li>✓ Families</li> </ul>	<ul style="list-style-type: none"> <li>• Eight hour, in person-training per course.</li> </ul>	<p>CE credits are available for both MHFA and YMHFA courses.</p>
<p><b>ACE Interface Training</b></p>	<p>ACE Interface Training provides participants with an in-depth look at the impact of ACEs on health and well-being, as well as explore factors that increase resiliency. Participants will leave with a deeper understanding of ACEs and what it means to build and support resilient self-healing communities.</p> <p style="text-align: center;"> <a href="https://www.familytreemd.org/programs/pro--public-training/ace-initiative/">https://www.familytreemd.org/programs/pro--public-training/ace-initiative/</a> </p>	<ul style="list-style-type: none"> <li>✓ All School-Based Staff</li> <li>✓ Mental Health and Substance Use Providers</li> <li>✓ Community Providers</li> <li>✓ Families</li> </ul>	<ul style="list-style-type: none"> <li>• Three hour, in person-training.</li> </ul>	<p>CEUs are available upon completion of the training.</p>
<p><b>National Center for Pyramid Model Innovations (NCPMI)</b></p>	<p>The NCPMI is funded by the Office of Special Education Programs to improve and support the capacity of state systems and local programs to implement an early childhood multi-tiered system of support to improve the social, emotional, and behavioral outcomes of young children with, and at risk for, developmental disabilities or delays.</p> <p style="text-align: center;"> <a href="http://challengingbehavior.cbcs.usf.edu/index.html">http://challengingbehavior.cbcs.usf.edu/index.html</a> </p>	<ul style="list-style-type: none"> <li>✓ Early Childhood Educators</li> <li>✓ Mental Health and Substance Use Providers</li> <li>✓ Community Providers</li> </ul>	<ul style="list-style-type: none"> <li>• Twenty-four pre-recorded webinars</li> <li>• Webinars are approximately 50 minutes in length.</li> </ul>	<p>No CE or CPD credits are available.</p>

<p><b>National Child Traumatic Stress Network- Creating Trauma-Informed Systems</b></p> <p><b>“Invisible Wounds: The Impact of Community Violence on Children and Youth in Schools”</b></p>	<p>This speaker series focuses on describing and advocating for creating trauma-informed child-serving systems. The various service systems that are covered include; juvenile justice, child welfare, healthcare, mental health, school, and law enforcement.</p> <p><a href="https://learn.nctsn.org/course/view.php?id=259">https://learn.nctsn.org/course/view.php?id=259</a></p>	<ul style="list-style-type: none"> <li>✓ Mental Health Care Providers</li> <li>✓ Researchers</li> <li>✓ Policy Makers</li> <li>✓ Advocates</li> <li>✓ Community Members</li> </ul>	<ul style="list-style-type: none"> <li>• Fourteen online webinars</li> <li>• Modules are approximately 1.5 hours in length.</li> </ul>	<p>No CE or CPD credits are available.</p>
<p><b>National Child Traumatic Stress Network- Using the Child Trauma Toolkit for Educators</b></p> <p><b>“Attachment Vitamins: Interactive Course on Early Childhood Attachment, Stress, and Trauma”</b></p>	<p>The Child Trauma Toolkit for Educators was developed to provide school administrators, teachers, staff, and concerned parents with basic information about working with traumatized children in the school system.</p> <p><a href="https://learn.nctsn.org/course/view.php?id=483">https://learn.nctsn.org/course/view.php?id=483</a></p>	<ul style="list-style-type: none"> <li>✓ All School Based Staff</li> <li>✓ Families</li> </ul>	<ul style="list-style-type: none"> <li>• Nine online lessons</li> <li>• Lessons are approximately 25 minutes in length.</li> </ul>	<p>Yes</p> <p>CE credits awarded upon scoring at least an 80% on the Post Test.</p>



<p><b>Office of the Administration for Children and Families</b></p> <p><b>Early Childhood Learning and Knowledge Center (ECLKC)</b></p>	<p>The ECLKC- Head Start offers an array of resources to promote teacher development, effective practice, and the successful transition to kindergarten.</p> <p><a href="https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/teaching">https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/teaching</a></p>	<p>✓ Early Childhood Educators</p>	<ul style="list-style-type: none"> <li>• Fifty-one in-service modules including Power Point presentations and presenter notes.</li> <li>• Each module will take approximately 15 minutes to complete.</li> </ul>	<p>No CE or CPD credits are available.</p>
<p><b>Zero to Three</b></p> <p><b>“Relationships: The Heart of Development and Learning 0-3”</b></p>	<p>This module provides child care providers with an understanding of how relationships contribute to, and support the development and learning of, infants and toddlers.</p> <p><a href="https://www.zerotothree.org/resources/73-relationships-the-heart-of-development-and-learning#downloads">https://www.zerotothree.org/resources/73-relationships-the-heart-of-development-and-learning#downloads</a></p>	<p>✓ Child Care Providers</p>	<ul style="list-style-type: none"> <li>• Varied formats- some online modules, some reading material.</li> </ul>	<p>No CE or CPD credits are available.</p>
<p><b>Center on Great Teachers &amp; Leaders at American Institutes for Research</b></p> <p><b>“Social Emotional Learning Self-Assessment Survey”</b></p>	<p>Provided by the American Institutes for Research, the self-assessment tool can be used individually or as part of a professional learning activity for school staff to reflect on their social emotional learning knowledge and skills.</p> <p><a href="http://www.gtcenter.org/sel-school">http://www.gtcenter.org/sel-school</a></p>	<p>✓ All School-Based Staff</p>	<ul style="list-style-type: none"> <li>• The SEL Self-Assessment Survey takes approximately 30-45 minutes to complete.</li> </ul>	<p>No CE or CPD credits are available.</p>

<p><b>Treatment and Services Adaptation Center for Resiliency, Hope, and Wellness in Schools</b></p>	<p>The Treatment and Services Adaptation Center (<a href="https://traumaawareschools.org/traumainschools">https://traumaawareschools.org/traumainschools</a>) has developed a series of free, online trainings to support trauma informed schools and school-based behavioral health providers serving trauma exposed youth:</p> <ul style="list-style-type: none"> <li>• Psychological First Aid (PFA) for Schools- Listen, Protect, Connect, Model, and Teach <a href="https://learn.nctsn.org/course/index.php?categoryid=11">https://learn.nctsn.org/course/index.php?categoryid=11</a></li> <li>• Bounce Back <a href="https://bouncebackprogram.org/">https://bouncebackprogram.org/</a></li> <li>• Cognitive Behavioral Intervention for Trauma in Schools (CBITS) <a href="http://cbitsprogram.org">http://cbitsprogram.org</a></li> <li>• Support for Students Exposed to Trauma (SSET) <a href="https://ssetprogram.org">https://ssetprogram.org</a></li> </ul>	<ul style="list-style-type: none"> <li>✓ Student Support Services Staff (Bounce Back/CBITS)</li> <li>✓ All School-Based Staff (SSET/PFA)</li> </ul>	<ul style="list-style-type: none"> <li>• PFA- 6 hour, online interactive course.</li> <li>• Bounce Back- self-paced online curriculum.</li> <li>• CBITS- self-paced online curriculum broken into Part 1 and Part 2.</li> <li>• SSET- self-paced online curriculum.</li> </ul>	<p>PFA- CE credits available.</p> <p>Bounce Back- CE credits awarded upon scoring at least an 80% on the Final Test.</p> <p>CBITS- CE credits awarded upon scoring at least an 80% on the Final Test.</p> <p>SSET- CE credits awarded upon scoring at least an 80% on the Final Test.</p>
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