

Free Online Behavioral Health Professional Development Training Opportunities for School-Based and Early Childhood Staff (Last updated 3/29/2016)

Program	Description	Audience	Time	Continuing Education
Community-Partnered School Behavior Health Modules	The Community-Partnered School Behavioral Health Implementation Modules provides a range of strategies, resources, and tools necessary to establish, maintain, and expand effective student behavioral health programs. These modules focus specifically on supporting student social, emotional, behavioral and academic progress via a community-partnered approach to school behavioral health. https://mdbehavioralhealth.com/training	School-Based Clinicians, Educators, Student Support Staff, Evaluators, Administrators, Program Leaders	<i>30-60 min/module (15 modules)</i>	Yes (Behavioral Health providers)
Interprofessional Training Program for Military Connected Families	The Interprofessional Training Program for Military Connected Families modules are designed to help youth-serving staff to better understand and to be aware of unique considerations, skills, and resources that can help to support the success of military connected families.	Educators, Mental Health and Substance Use Providers, and Child and Adolescent Health Providers	<i>14 modules ranging from 30 to 60 minutes</i>	Yes. Behavioral Health Providers
Kognito for Educators Kognito - Step In, Speak Up! To Support LGBTQ Students	Kognito is an innovative state-of-the art, interactive avatar-based online suicide prevention and mental health training. These trainings help to build skills and motivation to identify, approach, and refer students exhibiting signs of suicidal ideation, substance use/abuse, and psychological distress, including depression and anxiety, to relevant support services on and off the school campus. http://md.kognito.com/	Elementary, Middle and High School Teachers and Other School-Based Personnel	<i>45-60 min/module (3 modules)</i>	Yes (Educators, 1.0 CE)
Maryland Behavioral Health Integration In Pediatric Primary Care (BHIPP)'s Children's Health and Emotional Care Learning Community (CHECKup)	CHECKup is designed to create a learning experience that offers the latest information and tools, and also supports providers' efforts to implement best practices, in compliance with national standards. This is funded by MSDE Race to the Top funds. It can be used as a self-guided training, with web resources to support training. It has content for primary care providers that would also be very useful for school nurses, Early Childhood Mental Health providers, as well as early childhood education providers. Videos are embedded in the Prezi presentations and soon stand-alone videos will be available. http://www.mdbhipp.org/checkup.html	Primary Care Providers, School Nurses, Early Childhood Mental Health providers and Consultants, Early Childhood Education Providers	<i>Varies depending on topic and purpose</i>	No

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The Maryland Early Intervention Program (EIP)	The Maryland Early Intervention Program (EIP) covers the early identification and intervention for adolescents and young adults at risk for, or in the early stages of, a mental illness with psychosis. There are 10 modules in the series. https://mdbehavioralhealth.com/training	School Staff, Primary Care Providers, Behavioral Health Providers, Families, Advocates	<i>30-60 minutes per module (5 hours total/ 10 modules)</i>	No
Maryland Learning Links	Maryland Learning Links provides online resources for educators, providers and families of children birth to 21 with disabilities. Topics include but are not limited to professional development modules, resources, blogs, communities of practice, universal design for learning, family engagement, evaluation/assessment, IEP/IFSP development and more. http://marylandlearninglinks.org/	School-based Staff, Providers, Families	<i>Variable depending on topic/purpose</i>	No
Maryland Social Emotional Foundations for Early Learning (SEFEL)	Maryland Social Emotional Foundations for Early Learning (SEFEL) promotes social and emotional development. When children have appropriate pro social behavior they do better in school and in life. Skills include empathy and listening, following routines and following directions. There are 3 Infant and Toddler Modules and 4 Preschool Modules. https://theinstitute.umaryland.edu/sefel/index.cfm	Teachers and Caregivers	<i>Modules are self-paced and include resource materials 6.5 hours per module</i>	Core of Knowledge Certificates given for each set of modules
Mental Health Modules for Educators	The Mental Health to Support Student Learning modules advance basic mental health proficiency for educators and other school-based professionals working with children and youth. The learner has access to seven modules related to student mental health (e.g., student development and mental health, understanding internalizing concerns, understanding externalizing concerns, data-based decision making). https://mdbehavioralhealth.com/training	Middle and High School Educators	<i>1 hour/module 7 hours total</i>	Yes (Educators, 1.0 CE)

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Mental Health Training Intervention for Health Providers in Schools (MH-TIPS)	The Mental Health Training Intervention for Health Providers in Schools (MH-TIPS) is a 3 module training series aimed at enhancing school health provider mental health competence in promoting student mental health and managing the needs of students with or at risk for emotional and behavioral difficulties that may interfere with learning. https://mdbehavioralhealth.com/training	School Nurses	<i>Approximately 1 hour/module (3 modules)</i>	Yes (Continuing Education Credits for school nurses)
Military Child Education Coalition	The Military Child Education Coalition assists professionals in fields such as education, health care, and child care in learning the most recent research-informed methods for supporting military-connected children and youth. www.militarychild.org	School-based Staff, Providers, Families	<i>Varies depending on course</i>	Yes (but cost for CEUs)
National Child Traumatic Stress Network	The National Child Traumatic Stress Network (NCTSN) has developed professional development training and resources, with a goal of raising the standard of care and improving access to services for traumatized children, their families and communities. There are two training courses especially relevant to school staff. <ul style="list-style-type: none"> • Schools & Trauma, http://learn.nctsn.org/enrol/index.php?id=50 • Young Children and Trauma: Service System Collaborations (Topic 6 - Head Start), http://learn.nctsn.org/enrol/index.php?id=37 	School-based Staff, Child Serving System Staff	<i>Approximately 1.5 hours/module (12 modules)</i>	No
Office of the Administration for Children and Families Early Childhood Learning and Knowledge Center (ECLKC)	The ECLKC– Head Start offers an array of resources to promote teacher development, effective practice, and a successful transition to kindergarten for young children. The site includes 15 minute in-service Suites and a link to Teacher Time: Webinars for Preschool Teachers. Examples of webinars include: <i>It's a Big Problem! Teaching Children Problem Solving Skills</i> and <i>Help Me Calm Down!</i> , <i>Teaching Children How to Cope with Their Big Emotions</i> . http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/teaching/	Early Childhood Staff and Preschool and Kindergarten teachers	<i>Approximately 15-60 minutes</i>	No

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Social Emotional Learning Self-Assessment Survey	Provided by the American Institutes for Research, the self-assessment tool can be used individually or as part of a professional learning activity for school staff to reflect on their social emotional learning knowledge and skills. http://www.gtcenter.org/sel-school	School-based Staff	<i>Approximately 30-45 minutes</i>	No
Trauma-Focused-Cognitive Behavioral Therapy (Medical University of South Carolina)	Offers a free web-based learning course to train individuals in trauma-focused cognitive-behavioral therapy https://tfcbt.musc.edu/	School-based Behavioral Health and Health Staff	<i>Approximately 30-60 minutes per module (8 modules)</i>	No
Treatment Services and Adaptation Center for Resiliency, Hope and Wellness in Schools	The Treatment and Services Adaptation Center (https://traumaawareschools.org/traumaInSchools) has developed a series of free, online trainings to support trauma-informed schools and school-based behavioral health providers serving trauma-exposed youth <ul style="list-style-type: none"> • Psychological First Aid (PFA) for Schools – Listen, Protect, Connect, Model and Teach, https://traumaawareschools.org/pfa • Bounce Back, http://bouncebackprogram.com • Cognitive Behavioral Intervention for Trauma in Schools (CBITS), http://cbitsprogram.org • Support for Students Exposed to Trauma (SSET), https://ssetprogram.org 	School-based (K-12) behavioral health providers (Bounce Back/CBITS); School counselors/Teachers (SSET); All school staff (PFA)	<i>Approximately 8 hours/course (3 courses)</i>	Yes (Continuing education credits for behavioral health providers)
The Youth Co-Occurring Disorders (COD) Training for Behavioral Health Providers	The Youth Co-Occurring Disorders (COD) Training for Behavioral Health Providers seeks to disseminate information to the public and to mental health professionals on co-occurring mental health/substance abuse disorders and to train clinicians on how to support the behavioral health of youth and their families. https://mdbehavioralhealth.com/training	Mental Health, Health, and Substance Use Providers	<i>Approximately 1 hour/module (19 modules)</i>	Yes, up to 24.5 CEUs for mental health and substance use providers)