

Resources: Fetal Alcohol Spectrum Disorder (FASD): A Neurodevelopmental Perspective

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AAP – Resources for Families (FASD)

Family-friendly materials that explain what FASD is, what families may notice, and how to seek evaluation, care, and supports:

<https://www.aap.org/en/patient-care/fetal-alcohol-spectrum-disorders/resources-for-families/>

FASD United – Fact Sheets

Printable, easy-to-share fact sheets covering FASD basics, signs and strengths, and strategies for supporting children and families:

<https://fasdunited.org/fact-sheets/>

CDC – FASD Online Trainings and Resources

Free online trainings and educational resources. While many are designed for healthcare and public health professionals, they can be useful background for those supporting families and coordinating referrals:

<https://www.cdc.gov/fasd/hcp/training/index.html>

ORAU – FASD National Partner Network (FASD Champions Toolkit)

Toolkits and partner resources focused on FASD prevention, identification, and support:

<https://www.ora.gov/FASDChampions/>

We are also part of the **CDC FASD National Partner Collaborative**. If anyone is interested in SBIRT training or connecting with a social worker, you may reach out through the AAP FASD Regional Champions network:

<https://www.aap.org/en/patient-care/fetal-alcohol-spectrum-disorders/contact-fetal-alcohol-spectrum-disorders/>

Most importantly, information should be shared with the child’s pediatrician with the parent’s consent. If a parent has concerns about their child’s development, it is best to encourage them to share those concerns with the pediatrician, particularly if there is known or suspected alcohol exposure. Not all children with prenatal alcohol exposure will have an FASD; however, the pediatrician is best positioned to assess and evaluate the child. In this context, social work plays an important role in care coordination, helping to connect the child and family to appropriate medical, educational, and supportive services, regardless of whether a diagnosis is ultimately confirmed.