

RESPECT

RELATE

REMAIN



Who am I?

Father

Husband

Youth Mentor

KCHS Football Coach

Basketball Coach

Social Activist

Substitute Teacher

Character Counts Coach

Co-Founder / Co-Executive Director of Minarys Deam Alliance

Well Intended Trouble Maker



Why do we use the three R's?

YOUTH KNOW



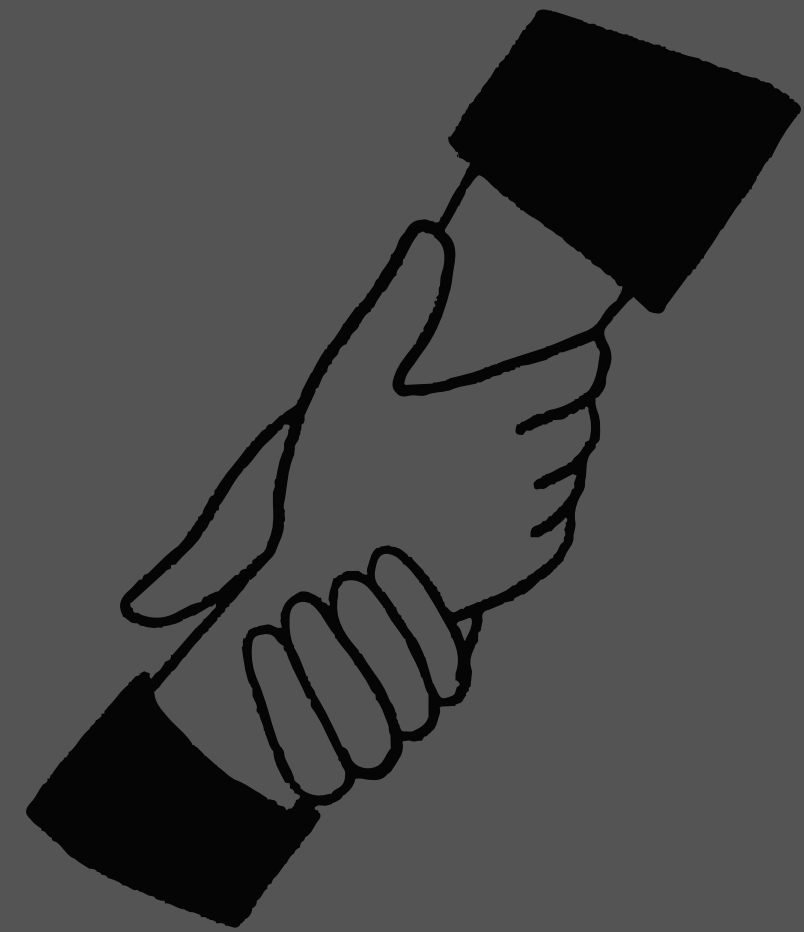
Authenticity

Your Motives

Passion / Paycheck

RESPECT

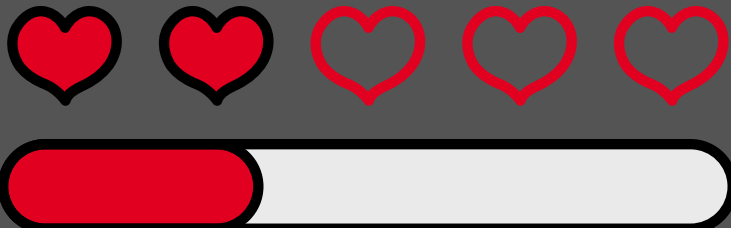
1. Meet them where they are
2. You used to be them
3. Earn their trust
4. Don't tokenize youth



RELATE

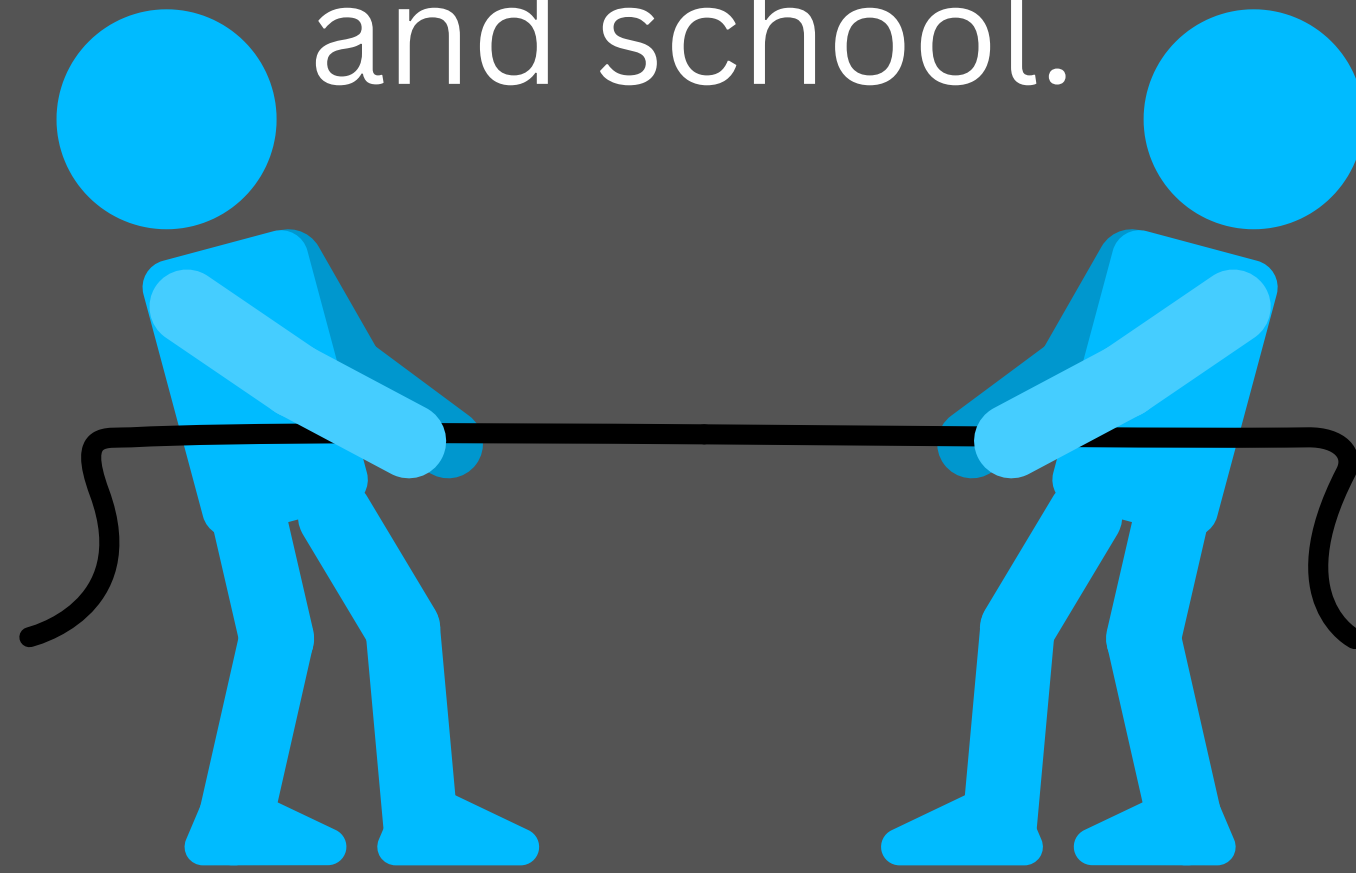
1. Common Ground
2. Don't take yourself too serious
3. Keep it 100
4. Listen to hear, not to respond

REMAIN

1. Don't take it personal
2. Love them through it The second list item is accompanied by five red hearts arranged in a horizontal row above a progress bar. The progress bar is a horizontal oval with a black outline, filled with red on the left side and white on the right side, with a black vertical line separating the two colors.
3. Be angry with the act, not the person
4. Figure out the “why”

PICK YOUR BATTLES

An expression that means to decide which issues are worth fighting for and which to let go of. It's often used in the context of relationships, such as friendship, work, and school.



How to pick your battles:

1. Consider the consequences of an argument
2. Communicate instead of yell
3. Pause before reacting
4. Choose the right time
5. Consider your goals
6. Ask yourself if it is important to you

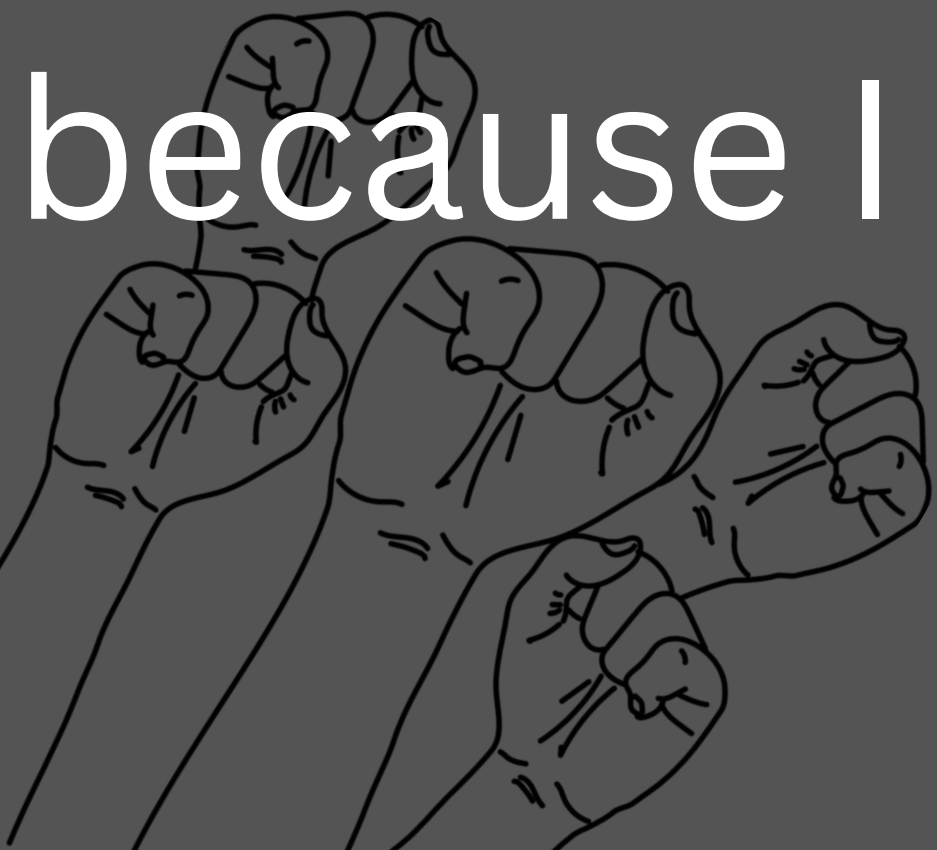
Avoid Unnecessary Conflict

1. Its better to choose peace over conflict and to focus on
whats important

2. Save time and energy, its not practical to try to deal with
every issue at once.

3. It is better to engage in conversations that are
meaningful, rather then argue over things that do not
matter.

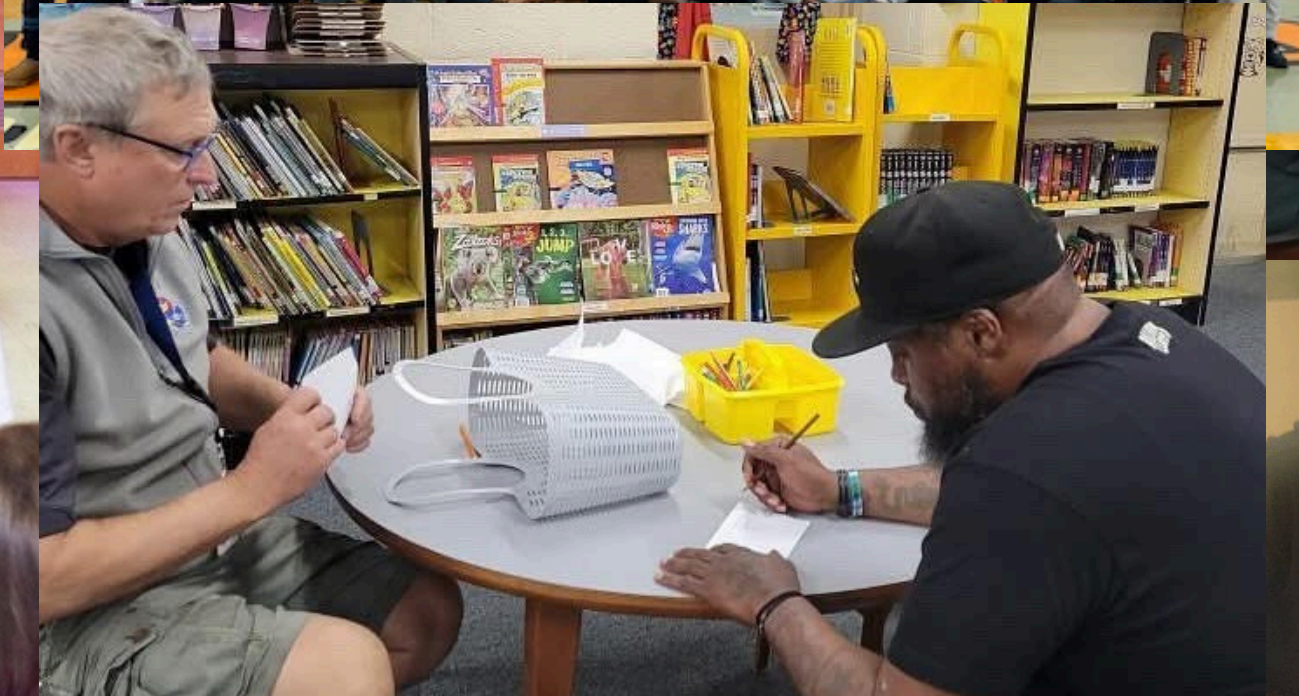
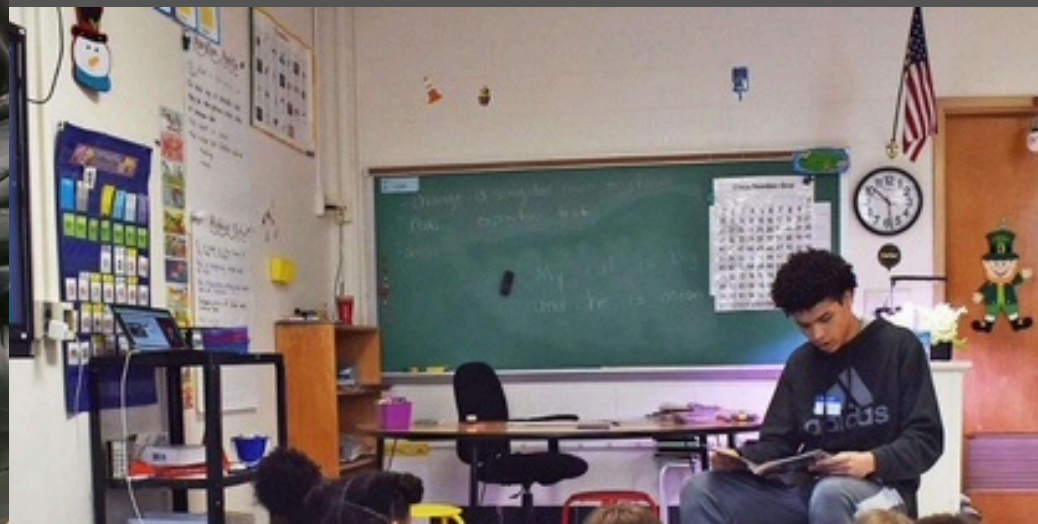
Yes, I am old school. I have good manners, I show others respect and I will always help those who need me. It's not because I am old fashioned, its because I was raised properly.



GOLDEN RULE

TREAT OTHERS THE WAY YOU WANT
TO BE TREATED!

WHAT RRRR LOOKS LIKE





Thank you for your time!

Q&A

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