



# Maryland Behavioral Health Integration in Pediatric Primary Care (BHIPP)

## Are you concerned about your child's mental health?

Your child's primary care provider (PCP) is a great place to start. BHIPP is here to support them!

## What is BHIPP?

Maryland Behavioral Health Integration in Pediatric Primary Care (BHIPP) is a program that supports PCPs to assess and manage the mental health needs of their patients through a variety of services. BHIPP is staffed by a team of professionals with extensive experience in the care and treatment of children and youth with psychiatric disorders.

Sometimes providers need extra support around diagnosis, medication management, or other aspects of pediatric mental healthcare. BHIPP is here to help them through provider-to-provider **phone consultation** with a child psychiatrist. The call will be set up at a time that is convenient for your child's PCP.

BHIPP can also assist by providing community **resources and referrals** including psychiatry, therapy, and more to your child's PCP. Referrals are provided within 24 hours of a request and include information about insurances accepted and current wait times.

## How do I get started?

To utilize BHIPP services, start by scheduling an appointment with your child's PCP to discuss your concerns. *As a parent or caregiver, you are your child's best advocate.*

Ask your child's PCP if they know about Maryland BHIPP and encourage them to call.

- "You mentioned that my child would benefit from seeing a therapist, would you be willing to call BHIPP to obtain a local referral list that accepts my insurance?"
- "I know you recommended medication for my child's behavior, I'd like for us together to seek special support in making this decision, can you please call BHIPP to find out the options?"

All calls are private and confidential, BHIPP does not ask for any patient identifying information.

## Are there costs associated?

No. BHIPP services are available free of charge regardless of insurance status.

*For additional information, please talk with your primary care provider and encourage them to visit our website at [mdbhipp.org](http://mdbhipp.org).*

