



MarylandROTA
RURAL OPIOID TECHNICAL ASSISTANCE



CHILDREN'S MENTAL HEALTH MATTERS!

A COLLABORATIVE, VIRTUAL TRAINING & WEBINAR SERIES

During **Mental Health Awareness Month** this May 2022, MarylandROTA, Children's Mental Health Matters! Campaign, Maryland Coalition of Families, and Mid Shore Behavioral Health, Inc. are partnering to offer this **free, virtual** training series focused on promoting awareness, understanding, and resources for children's mental health.

YOUTH MENTAL HEALTH FIRST AID TRAININGS

YMHFA TRAINING

Monday, May 2
9:00 AM - 2:30 PM

[REGISTER HERE](#)

YMHFA TRAINING

Saturday, May 21
9:00 AM - 2:30 PM

[REGISTER HERE](#)

YOUTH MENTAL HEALTH LUNCH & LEARN SERIES

GENERATION RX

GenerationRx is a nationwide educational initiative promoting safe medication practices in an effort to prevent the misuse of prescription drugs. This program offers resources designed to educate individuals of all ages in the community.

WEDNESDAY, MAY 11

12 PM - 1PM

[REGISTER HERE](#)

BRAIN DISEASE OF ADDICTION

The Brain and the Disease of Addiction training course explains the science behind substance use disorders, looking at how the brain is affected by drugs and alcohol, and exploring how the disease of addiction can develop.

WEDNESDAY, MAY 18

12 PM - 1PM

[REGISTER HERE](#)

ADVERSE CHILDHOOD EXPERIENCES

ACEs explains how toxic stress changes the physiology of early brain development, covering the connection between substance use and trauma, and discussing protective factors for how to build resilient, self-healing communities.

WEDNESDAY, MAY 25

12 PM - 1PM

[REGISTER HERE](#)

For information about Children Mental Health Matters! visit www.childrensmentalhealthmatters.org.

For information about MarylandROTA visit www.marylandrota.org or email marylandrota@umd.edu.

For information and resources in the mid-shore, visit www.midshorebehavioralhealth.org.

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