Celebrating Schools and Communities across Maryland that helped reduce stigma and raise awareness around the importance of children’s mental health.
2018 was the 10th year of the Campaign and our reach expanded greatly across the state through our Champions, events and social media efforts during Awareness Week, May 6-12.
This year the Campaign had record high participation from 485 schools. The Campaign had participation of 221,236+ students in schools from all over the state.

190 Community Organizations from jurisdictions across the state raised awareness of children's mental health in 2018. These organizations brought the Campaign's message to a diverse audience of families, caregivers, educators, providers and community members.

In May, the Campaign reached 61,113+ through Facebook and Twitter.

The Campaign distributed 230,991 Awareness Items (including pencils, bracelets, posters, bookmarks) and 63,243 Campaign Resources (including Educator & Family Resource Kits, Brochures).
Maryland schools were invited to participate in the Campaign by becoming a School Champion. School Champion Coordinators were responsible for organizing an awareness raising or educational activity for Awareness Week.

## ALLEGANY COUNTY
- Fort Hill High School
- Uplift Grand Primary

## ANNE ARUNDEL COUNTY
- Annapolis High School
- Archbishop Spalding High School
- Central Elementary School
- Central Middle School
- Chesapeake Bay Middle School
- High Road School of Anne Arundel County
- MacArthur Middle School
- Oak Hill Elementary School
- South River High School
- The Goddard School
- The Pathways School - Anne Arundel

## BALTIMORE COUNTY
- Arbutus Elementary School
- Arbutus Middle School
- Back River Head Start Center
- Battle Grove Elementary School
- Bear Creek Elementary School
- Bedford Elementary School
- Berkshire Elementary School
- Campfield Early Learning Center
- Carney Elementary School
- Catonsville Elementary School
- Chapel Hill Elementary School
- Chadwick Elementary School
- Charlesmont Elementary School
- Chatsworth School
- Chesapeake High School
- Church Lane Elementary School
- Cockeysville Middle School Coldstream Park Elementary School
- Coldstream Park Middle School
- Crossroads Center
- Deep Creek Elementary School
- Dogwood Elementary School
- Dulany High School
- Dumbarton Middle School
- Dundalk Elementary School
- Dundalk High School
- Eastern Technical High School
- Edgemere Elementary School
- Emily Harris Head Start Center
- Essex Elementary School
- Featherbed Lane Elementary School
- Fleming Head Start Center
- Fort Garrison Elementary School
- George Washington Carver Center for Arts and Technology
- Glenmar Elementary School
- Glyndon Elementary School
- Golden Ring Middle School
- Gunpowder Elementary School
- Halethorpe Elementary School
- Harlem Park Elementary School
- Harlem Park Middle School
- Hawthorne Elementary School
- Hebbleville Elementary School
- Hereford High School
- Hereford Middle School
- Hernwood Elementary School
- High Road School of Baltimore County
- Highland Village Head Start/Early Head Start Center
- Hillcrest Elementary School
- Joppa View Elementary School
- Kenwood Head Start/Early Head Start Center
- Kingsville Elementary School
- Lansdowne Elementary School
- Lansdowne Middle School
- Loch Raven High School
- Loch Raven Technical Academy
- Logan Elementary School
- Lutherville Lab Elementary School
- Mars Estates Elementary School
- Martin Boulevard Elementary School
- Mays Chapel Elementary School
- Merritt Park Head Start Center
- Middle River Middle School
- Middlesex Elementary School
- Milbrook Elementary School
- Northwest Academy of Health Sciences
- Norwood Elementary School
- Oakleigh Elementary School
- Oliver Beach Elementary School
- Orens Elementary School
- Overlea High School
- Owings Mills High School
- Padonia International Elementary School
- Patapsco High School & Center for the Arts
- Perry Hall Elementary School
- Perry Hall High School
- Pine Grove Elementary School
- Pinewood Elementary School
- Pleasant Plains Elementary School
- Pot Spring Elementary School
- Powhatan Elementary School
- Prettyboy Elementary School
- Randallstown Elementary School
- Relay Elementary School
- Riderwood Elementary School
- Ridgely Middle School
- Riverview Head Start Center
- Seneca Elementary School
- Seventh District Elementary School
- Shady Spring Elementary School
- Solers Point Technical High School
- Southwest Academy
- Sparks Elementary School
- Sparrows Point Middle School
- Stemmers Run Middle School
- Stoneleigh Elementary School
- Summit Park Elementary School
- Timber Grove Elementary School
- Timonium Elementary School
- Towson Head Start Center
- Villa Cresta Elementary School
- Wellwood International School
- Westowne Elementary School
- White Oak Elementary School
- Windsor Mill Middle School
- Winfield Elementary School
- Woodbridge Elementary School
- Woodmoor Elementary School

## BALTIMORE CITY
- Abbottston Elementary School
- Alexander Hamilton Elementary School
- Arlington Elementary School
- Arlington Middle School
- Arundel Elementary School
- Arundel Middle School
- Augusta Fells Savage Institute of Visual Arts
- Baltimore City College
- Baltimore Design School
- Baltimore Polytechnic Institute
- Beechfield Elementary School
- Beechfield Middle School
- Belmont Elementary School
- Calverton Elementary School
- Calverton Middle School
- Cecil Elementary School
- Charles Carroll Barrister Elementary School
- Cherry Hill Elementary School
- Cherry Hill Middle School
- City Neighbors Hamilton
- City Neighbors High School
- Dallas F. Nichols Sr. Elementary School
- Dickey Hill Elementary School
- Dickey Hill Middle School
- Digital Harbor High School
- Dorothy I. Height Elementary School
- Dr. Nathan A Pitts-Ashburton Elementary School
- Dr. Nathan A Pitts-Ashburton Middle School
- Excel Academy @ Francis M. Wood High School
- Fort Worthington Elementary School
- Francis Scott Key Elementary School
- Francis Scott Key Middle School
- Franklin Square Elementary School
- Franklin Square Middle School
- Furley Elementary School
- Gardenville Elementary School
- Garrett Heights Elementary School
- Garrett Heights Middle School
- Gilmor Elementary School
- Govans Elementary School
- Green Street Academy
- Guilford Elementary School
- Guilford Middle School
- Hamilton Elementary School
- Hamilton Middle School
CARROLL COUNTY
East Middle School
Eldersburg Elementary School
Elmer Wolfe Elementary School
Freedom Elementary School
Head Start of Carroll County
Judy Center - Cranberry Station Elementary School
Judy Center - Elmer Wolfe Elementary School
Judy Center - Robert Moton Elementary School
Judy Center - Taneytown Elementary School
Linton Springs Elementary School
Mechanicsville Elementary School
Oklahoma Road Middle School
Robert Moton Elementary School
Runnymede Elementary School
Shiloh Middle School
Taneytown Elementary School
Westminster West Middle School
Winters Mill High School

CECIL COUNTY
Immaculate Conception School
Shorehaven School

CHARLES COUNTY
La Plata High School
Matthew Henson Middle School

DORCHESTER COUNTY
Cambridge South Dorchester High School
Choptank Elementary School
Hurlock Elementary School
Mace's Lane Middle School
Maple Elementary School
North Dorchester High School
North Dorchester Middle School
Sandy Hill Elementary School
South Dorchester School
Vienna Elementary School
Warwick Elementary School

FREDERICK COUNTY
Brunswick High School
Deer Crossing Elementary School
Liberty Elementary School

HARFORD COUNTY
Aberdeen Area Child Development Center
Darlington Elementary School
Edgewood Middle School
Halls Cross Roads Elementary School
High Road School of Harford County
Norrisville Elementary School
Riverside Elementary School
Southampton Middle School

HOWARD COUNTY
Elkridge Elementary School
Homewood Center
MD School for the Deaf - Columbia Campus
Phillips School - Annandale
Phillips School - Laurel
Reservoir High School
Running Brook Elementary School

KENT COUNTY
Galena Elementary School
H.H. Garnett Elementary School

MONTGOMERY COUNTY
Blair G. Ewing Center
Cloverly Elementary School
Dr. Sally K. Ride Elementary School
Earle B. Wood Middle School
Flora M. Singer Elementary School
Glen Haven Elementary School
Maryvale Elementary School
Neelsville Middle School
Robert Frost Middle School
Rock Terrace School
Rosa Parks Middle School
The Foundation School of Montgomery County
The Pathways School - Edgewood
Walt Whitman High School
Yeshiva of Greater Washington Girls Division

PRINCE GEORGE’S COUNTY
Adelphi Elementary School
Allenwood Elementary School
Arrowhead Elementary School
Baden Elementary School
Barack Obama Elementary School
Barnaby Manor Elementary School
Beacon Heights Elementary
Beltsville Academy
Benjamin D. Foulois Creative and Performing Arts Academy
Benjamin Stoddert Middle School
Benjamin Tasker Middle School
Berwyn Heights Elementary
Bishop McNamara High School
Bladensburg Elementary School
Bond Mill Elementary School
Bowie High School
Bowie High School Annex
Bradbury Heights Elementary School
Bucklodge Middle School
Carmody Hills Elementary School
Carole Highlands Elementary School
Carrollton Elementary School
Capital Heights Elementary School
Center for Young Children, University of Maryland-College Park
Charles Carroll Middle School
Chesapeake Math and IT Elementary School
Chillum Elementary School
Clinton Grove Elementary School
Columbia Park Elementary School
Cooper Lane Elementary School
Cora L. Rice Elementary
Crossland High School
Dora Kennedy French Immersion School
Dodge Park Elementary School
Dr. Henry A. Wise, Jr. High School
Drew Freeman Middle School
Dwight Eisenhower Middle School
Edward M. Felegy Elementary School
Elizabeth Seton High School
Eugene Burroughs Middle School
Excel Academy Public Charter School
Fairmont Heights High School
Flintstone Elementary School
Fort Washington Forest Elementary School
Francis T. Evans Elementary School
Friendly High School
G. James Gholson Middle School
Glenarden Woods Elementary School
Glenn Dale Elementary School
Glenridge Elementary School
Grace Brethren Christian School
Greenbelt Elementary School
Greenbelt Middle School
Green Valley Academy
Gwynn Park High School
Gwynn Park Middle School
H. Winship Wheatley Early Childhood Center
Heather Hills Elementary School
Henry G. Ferguson Elementary School
Hillcrest Heights Elementary School
Hyattsville Elementary School
Hyattsville Middle School
Imagine Foundations at Morningside Public Charter School
Imagine Lincoln Public Charter School
Indian Queen Elementary
International High School @ Langley Park
Isaac Gourdine Middle School
J. Frank Dent Elementary School
James Madison Middle School
James McHenry Elementary School
John H. Bayne Elementary School
John Hanson Montessori School
Judge Sylvania Woods Elementary School
Kenilworth Elementary School
Kenmoor Early Childhood Center
Kenmoor Middle School
Kettering Elementary School
Kettering Middle School
Kingsford Elementary School
Lamont Elementary School
Langley Park McCormick Elementary School
Largo High School
Laurel High School
Lewisdale Elementary School
Longfields Elementary School
Martin Luther King, Jr. Middle School
Mary Harris “Mother” Jones Elementary School
Melwood Elementary School
Montpelier Elementary School
Mt. Rainier Elementary School
Nicholas Orem Middle School
North Forestville Elementary School
Northwestern High School
Oxon Hill Middle School
Parkdale High School
Patuxent Elementary School
Phyllis E. Williams Spanish Immersion
Pointer Ridge Elementary School
Port Towns Elementary School
Potomac High School
Potomac Landing Elementary School
Princeton Elementary School
Ridgecrest Elementary School
Riverdale Elementary School
Robert Frost Elementary School
Robert R. Gray Elementary School
Roger Heights Elementary School
Rosa L. Parks Elementary School
Rose Valley Elementary School
Samuel Chase Elementary
Samuel P. Massie Academy
Seabrook Elementary School
Seat Pleasant Elementary School
St. Pius X Regional School
Stephen Decatur Middle School
Tanglewood School
Templeton Elementary School
The Foundation School
The Pathways School – Horizons
The Pathways School – Re-Entry at DuVal
The Pathways School – Re-Entry at Friendly
Thomas S. Stone Elementary School
Thurgood Marshall Middle School
Tulip Grove Elementary School
University of Maryland-College Park, School Psychology Program
University Park Elementary School
Vansville Elementary School
Walker Mill Middle School
Whitehall Elementary School
William Beanes Elementary School
William Paca Elementary School
William W. Hall Academy
Woodridge Elementary School
YMCA Aylawn Program

QUEEN ANNE’S COUNTY
Bayside Elementary School
Centreville Elementary School
Centreville Middle School
Church Hill Elementary School
Grasonville Elementary School
Kannard Elementary School
Kent Island High School
Matapeake Elementary School
Queen Anne’s County High School
Sudlersville Elementary School
The Gunston School

SAINT MARY’S COUNTY
Captain Walter Francis Duke Elementary School
Leonardtown Middle School

SOMERSET COUNTY
Princess Anne Elementary School
Somerset Intermediate School

TALBOT COUNTY
Easton Elementary School Dobson Building
Easton High School
Easton Middle School
St. Michael’s Middle School
St. Michael’s High School
Tilghman Elementary School
White Marsh Elementary School

WASHINGTON COUNTY
Barbara Ingram School for the Arts

WICOMICO COUNTY
Bennett Middle School
Charles H. Chipman Elementary School
Choices Academy
Delmar Elementary School
East Salisbury Elementary School
Fruitland Intermediate School
Fruitland Primary School
Glen Avenue Elementary School
James M. Bennett High School
Mardela Middle School
Mardela High School
North Salisbury Elementary School
Northwestern Elementary School
Parkside High School
Pinehurst Elementary School
Pittsville Elementary School
Pittsville Middle School
Prince Street Elementary School
Salisbury Middle School
The Salisbury School
Westside Intermediate School
Westside Primary School
Wicomico Middle School
Wicomico High School
Willards Elementary School

WORCESTER COUNTY
Snow Hill Middle School
Pokomoke High School

H. Winship Wheatley Early Childhood Center
Prince George’s County
> SCHOOL CHAMPION EVENTS

Timonium Elementary School, Baltimore County

Glyndon Elementary School, Baltimore County

Center for Infant Study, University of Maryland

Seventh District Elementary School, Baltimore County

Kenwood High School, Baltimore County

A. Mario Loiederman Middle School, Montgomery County

Easton Middle School, Talbot County

Chatsworth School, Baltimore County
James McHenry Elementary School
[Prince George's County]

On May 16, this elementary school hosted a Children's Mental Health Expo which had over 350 people in attendance. Each person received children's mental health resources and visited different stations to create items such as stress balls, journals to promote positive mental health and learn new coping skills to add to their mental health toolkit. During Awareness Week, the school also shared morning announcements, distributed awareness items, wore green and hosted assemblies about mindfulness.

Somerset Intermediate School
[Somerset County]

Students participated in Awareness Week, focusing on the poster slogan “Your Struggle is Part of Your Story.” The students anonymously wrote down their struggles on post-it notes and then those notes were displayed, in hopes to better understand each other and build community. Students also benefited from daily announcements, mindful moments, posters that were displayed throughout the school, and focusing on the benefits of counseling on a young person’s life.

Blair G. Ewing Center Alternative Program
[Montgomery County]

Students at Blair G. Ewing Center created posters in art class focusing on the theme of positive coping strategies. The highlight of the week was the Rap Battle and Poetry Slam. Students worked on lyrics, writings and poems about mental health with their English teachers and comprised musical beats with the Music teacher. Students then presented in an open mic forum and were given handouts with coping skill strategies and mental health resources.
COMMUNITY CHAMPIONS

HONORARY CHAIR OF THE 2018 CHILDREN’S MENTAL HEALTH MATTERS! CAMPAIGN
First Lady of Maryland, Mrs. Yumi Hogan

2018 STATEWIDE CHAMPIONS
BHIPP - Maryland Behavioral Health Integration in Pediatric Primary Care
Center for School Mental Health, University of Maryland
Maryland Behavioral Health Administration
Maryland Mental Health Administration
Maryland State Dept. of Disabilities
Maryland Dept. of Health - Behavioral Health Administration

2018 COMMUNITY CHAMPIONS

Children’s Choice, Inc.
Christ Our Anchor Sunday School
Church of the Redeemer
City of Bowie Youth & Family Services
City of College Park
City of Hyattsville
City of Salisbury
College Park Youth and Family Services
Comcast Spotlight
Community Care
Community Counseling & Mentoring Services, Inc.
Community Crisis Services, Inc.
Community Foundation of the Eastern Shore
Community Residences, Inc.
Community Therapeutic Center
Contemporary Family Services
Crisis Intervention Center
Crossroads Community, Inc.
Diamond Foundation, Inc.
District Heights Family & Youth Services Bureau
Dorchester County Public Library
Dynam Elementary PTA
EveryMind.
Family-Informed Trauma Treatment Center
Family Matters of Greater Washington
Finksburg Counseling Services
First Choice Counseling Center
FLI Warrior
Flourish Counseling and Wellness Center
Frederick Co. Health Dept. Behavioral Health Services
Full Gospel Baptist Church Cooksville
Garrett County Public Schools
Gateway Pediatrics
Grassroots Crisis Intervention Center
Greater Salisbury Committee
Greenbelt CARES
Greenbelt Children’s Center
Guiding Exceptional Parents
Harvesting Hope Youth and Family Wellness, Inc.
HC Drug Free
Healthy Kinder, Inc.
Healthy Talbot
Hillside Work-Scholarship Connection
Howard County Dept. of Social Services
Howard County General Hospital
Howard County Health Department
Howard County Mental Health Authority
Howard County Office of Children & Families
Human Services of Carroll County
Humanim
Inner County Outreach
In Reach, Inc.
Interdynamics, Inc.
Johns Hopkins University, Center for Technology Education
Kent County Public Schools
Kent County Middle School PTA
Key Point Health Services
Kimberly M. Brooks, PhD
Krispy’s Kause
Lantern Therapeutic Services
Laurel Helping Hands
LifeGrowth Counseling, LLC
Lighthouse, Inc. Youth and Family Services
Lower Shore Early Childhood Mental Health Consultation Program
Maryland Assoc. of Youth Service Bureaus (MAYSB)
Maryland Chapter, American Academy of Pediatrics
Maryland/DC Association for Play Therapy
Maryland Essentials for Childhood
Maryland Family Network
Maryland Family Resource, Inc.

Maryland Health Alliance, Inc.
Maryland in Motion
Maryland LUNCH
Maryland Psychological Association
Maryland State Council on Child Abuse & Neglect
Mental Health Association of Frederick County
Mental Health Association of Greater Washington
Mental Health Association of the Eastern Shore
Mindfully Anchored, Inc.

New Directions Therapeutic Services
Nonprofit Prince George’s County
One World Center for Autism
PACE Consulting
Pathways, Inc.
Primary Care Coalition
Prince George’s Child Resource Center
Prince George’s County Dept. of Social Services
Prince George’s County Infants & Toddlers
Prince George’s County Local Behavioral Health Authority
Prince George’s County Public Schools Office of Psychological Services
Prince George’s School Mental Health Initiative
Professional Child Care Provider Network of Prince George's County
Propel Productions Center, Inc.
QCI Behavioral Health
RIMS Center for Enrichment and Development
Salisbury University Child & Adolescent Behavioral Health Initiative
Salisbury University School of Social Work
SeizingPsych, Inc.
Sheppard Pratt Health System
Southern Maryland BRIDGE
St. Mary’s Co. Public Schools - Dept. of Student Services
Stanley Black & Decker
Synergy Family Services, Inc.
Synergy Wellness Therapeutic Services
Talbot County Judy Center Partnership
The Child & Family Center
The Foundation Schools
The Partnership for a Healthier Carroll County, Inc.
The Pediatric Center
The Training Source
Therapeutic Foster Care at Kennedy Krieger Institute
Total Healthcare
Tri Community Mediation
Tri-County Youth Services Bureau
University of Maryland School of Social Work
Urban Behavioral Associates, PA
Volunteer Mental Health Workgroup - Prince George’s County
Wicomico County Health Department
Wicomico County Public Schools
Wicomico Partnership for Families & Children
Willow Tree Counseling Center
WIN Team PRP
Worcester County Health Department
Worcester County Local Management Board
Wraparound Maryland, Inc.
Yogativity

Youth Care Center
Youth Development Advisory Committee (YDAC)
Center for Child & Traumatic Stress at Kennedy Krieger
The Center for Child & Family Traumatic Stress at Kennedy Krieger partnered with 5 local businesses, York Elementary School and had a display at one of the main campuses at Kennedy Krieger Institute to promote Awareness Week. They partnered with Shoe City at the Westside Shopping Center to host a resource table for the bilingual community to talk about the difference between normal and traumatic stress in children as well as bullying. Through their efforts they were able to provide resources to over 200 people in the community in just one day.

Krissy’s Kause
Krissy’s Kause shared the Campaigns message in many ways during Awareness Week. The organization: contributed articles for the Baltimore Sun, Cecil Whig, and TheTot.com; spoke at a city county meeting on behalf of the Campaign; participated in county and statewide proclamations for Awareness Week; participated in a local NAMI panel/town meeting; and raised money for Maryland Coalition of Families.

Carroll County Health Department
The Carroll County Health Department helped increase School Champion participation from 6 in 2017 to 18 in 2018 by making personal contacts with school counselors and helping to implement school-wide initiatives. The Department participated in four community events in May: Big Truck Night, National Prevention Week Kickoff, Cross Agency Training and Safe Kids Day. At these events, staff made contact with over 900 families and taught them about coping skills, provided them with local resources and shared information about the Children’s Mental Health Matters! Campaign.
First Lady Yumi Hogan hosted the third annual Celebrating Through Art: The First Lady’s Mental Health Awareness Youth Art Display, at the Lowe House Office Building in Annapolis on Monday, May 7. The display and reception marked the beginning of Children’s Mental Health Awareness Week and highlighted the expressive power of art. Children and youth from across Maryland submitted works of art that depicted what made them feel happy, healthy, and hopeful. These young artists raised their voice to highlight the importance of mental health for children in Maryland.

One student, Nia Jackson, shared her thoughts on what inspired her piece:

“It’s very important to know who you are in yourself, to remind yourself that you’re beautiful, that you’re amazing, things will be okay, that after a bad day that the sun will come and things will get better. I chose to put aluminum foil as the face, as if you’re looking into yourself. The background is words, such as ‘you’re amazing.’
Thank you to all of our 2018 School and Community Champions for your work to reduce stigma and raise awareness around the importance of children’s mental health!
Thank you to all of our partners for making 2018 such a success!

The Children’s Mental Health Matters! Campaign is a collaboration of the Mental Health Association of Maryland and the Maryland Coalition of Families with support from the Maryland Department of Health - Behavioral Health Administration. The Campaign goal, with School & Community Champions across the state, is to raise public awareness around the importance of children’s mental health.